



Dr. Mara Mather
USC Professor of Gerontology and Psychology at
The USC Davis School of Gerontology
Wednesday, February 15, 2023

Guest speaker for our February 15 Trojan League of Los Angeles general meeting will be Dr. Mara Mather. Mara Mather's research focuses on brain systems that regulate physiological and emotional arousal, how they affect attention, memory and decision making, and how these relationships change in aging. She has received the Distinguished Scientific Award for Early Career Contribution to Psychology from the American Psychological Association, a National Institutes of Health K02 Career Development award, an Alexander von Humboldt Foundation Research Fellowship and a Max Planck Sabbatical Award. Based on citations of her research, she has been identified as one of the top 1% of scientists worldwide (Baas, Boyack, Ioannidis, 2021). Her current research focuses on the role of noradrenaline in age-related change in cognition and on how heart rate variability biofeedback can enhance function of the brain's emotion regulation networks. She received her Ph.D. in Cognitive Psychology from Princeton University and completed her undergraduate degree and postdoctoral training at Stanford University.

Spouses, Potential Members, and Guests welcomed!

Location:	Wilshire Country Club 301 North Rossmore Avenue, Los Angeles
Time:	10:00 a.m. Social with coffee and tea
Program:	10:30 a.m. Guest speaker, Dr. Mara Mather
Meeting:	11:20 a.m. Short meeting/announcements
Lunch:	11:45 a.m. Lunch
Cost:	\$70

***Please RSVP to Paperless Post by February 10 and
make checks payable to "USC TLLA" in the amount of \$70***

(Please remember to select salmon or chicken salad/list any dietary restrictions)

Mail checks to:	Hilary Crahan 156 South Lucerne Blvd. Los Angeles, CA 90004
To give credit card info:	Contact Hilary Crahan - hilecra@aol.com, (323) 351-3557
Questions contact:	D'Arcy McLeod (562) 879-2641